

December 2025 ~All milk served is unflavored 1%~		Adams County Head Start Menu ~Our Centers Participate in a USDA Funded Program and is an Equal Opportunity Provider and Employer~		
Mon	Tue	Wed	Thu	Fri
1 Red Dot contains EGG Green Dot contains DAIRY NO SCHOOL	2 WG Cereal & Fruits & 1% Milk WG Spaghetti & Meat (Ground Turkey) Sauce, Sauteed Summer Squash, Fruits & 1% Milk Greek Vanilla Yogurt and Homemade Granola	3 WG Blueberry Bread•, Fruits & 1% Milk Beef Sloppy Joes, WG Bun, Roasted Red Potatoes, Fruits & 1% Milk Carrot Sticks w/ Ranch Dressing• & WG Cheddar Goldfish	4 French Toast Sticks• w/Syrup, Fruits & 1% Milk Homemade Chicken Tenders•, BBQ Baked Beans, WG Rolls, Romaine Salad w/Ranch Dressing• & 1% Milk “Make a face snack” use sun butter spread on the tortilla, use sliced banana for mouth and raisins for the eyes”	5 NO SCHOOL
8 WG Cereal, Fruits & 1% Milk Turkey Picadillo, Tortilla Chips, Steamed Corn, Fruits & 1% Milk String Cheese and Fruits	9 Greek Vanilla Yogurt, Homemade Granola, Fruits & 1% Milk Chicken Fried Rice, Steamed Mixed Vegetables, Fruits & 1% Milk Fruits and WG Graham Crackers	10 WG Strawberry Bread•, Fruits & 1% Milk Roast Turkey & Gravy/WG Cornbread•, Mashed Potatoes, Fruits & 1% Milk Cucumber Sticks w/Ranch Dressing• & WG Triscuits Crackers	11 WG Waffles• w/Syrup, Fruits & 1% Milk Beef Lasagna•, WG Garlic Bread, Romaine Salad w/Italian Dressing, Steamed Green Beans & 1% Milk Fruits and Greek Vanilla Yogurt	12 WG English Muffin, Egg Patty, •, Sliced Cheese, Fruits & 1% Milk Chicken Salad•, Ritz Crackers, Cucumber Sticks w/Ranch Dressing•, Fruits & 1% Milk WG Cheddar Goldfish & Fruits
15 WG Cereal & Fruits & 1% Milk WG Mac & Cheese, Steamed Broccoli, Fruits & 1% Milk String Cheese & Fruits	16 WG English Muffin, Egg Patty•, Sliced Cheese, Fruits & 1% Milk Chicken Pozole, Tortilla Chips, Shredded Cabbage (for topping), Lime Wedges, Sliced Cucumbers, Fruits & 1% Milk Greek Vanilla Yogurt and Homemade Granola	17 WG Banana Bread•, Fruits & 1% Milk Hamburgers, WG Bun, Lettuce & Tomato, Corn on the Cob, Fruits & 1% Milk Carrot Sticks w/Ranch Dressing• & WG Cheez-Its	18 French Toast Sticks• w/ Syrup, Fruits & 1% Milk Cheese Pizza w/WG Crust, Romaine Salad w/Italian Dressing, Fruits & 1% Milk Fruit Pizza (Plain WG crackers with strawberry cream cheese; topped with blueberries and diced strawberries.	19 NO SCHOOL
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK